

continued from front page

Don't Sweat Your Energy Bill

- When possible, **avoid using heat-producing appliances during the hottest times of the day.** The added heat makes your cooling system work harder.
- **Caulk, weather strip or seal cracks around doors and windows** to help prevent cool air from escaping.

View more tips and resources and see what energy-saving programs are available in your area at firstenergycorp.com/saveenergy.

Call 811 Before You Dig

Summer is a popular time to complete outdoor improvement projects, especially those that require digging.

Creating a new garden or installing a mailbox may seem like small projects, but there could be buried utility lines just under the surface. Contacting **811** and having lines marked before starting any digging project can prevent potential injury, property damage and utility disruption.

Call **811** at least two to three business days before starting your project to submit a request. If you are hiring an excavator, the excavator should complete the request for you. Once the request is received, **811** will contact your utility operators to locate and mark their buried lines on your property with flags or paint – at no cost to you.

For more safety information and resources to stay safe around electrical equipment, visit firstenergycorp.com/safety.



**Know what's below.
Call before you dig.**

Contact us

For electrical emergencies or downed lines, **call 911.**

For outages, call

888-LIGHTSS

(888-544-4877) 24 hours a day

For other business and account inquiries, call our Customer Care Center

Monday through Friday
from 8 a.m. to 6 p.m. at:

800-662-3115

Visit us online at:

jcp-l.com

Sign up for alerts by texting “REG” to 544487



Follow us on X:
@JCP_L



Like us on Facebook:
facebook.com/JCPandL

Jersey Central[®]
Power & Light

A FirstEnergy Company



July Issue

CUSTOMER CONNECTION

Don't Sweat Your Energy Bill This Summer

Summer brings sunshine, longer days and plenty of fun, but rising temperatures can also make it harder to keep energy bills in check. As we rely more on cooling systems to stay comfortable, costs can heat up right along with the weather.

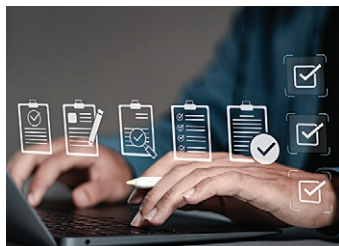


Don't sweat it. These tips can help you stay cool and save on your electricity bills all summer long:

- **Replace your air filter at least every three months.** Dirty air filters force your cooling system to work harder and use more energy.
- **Draw blinds, shades or drapes** to block sunlight during the hottest part of the day, especially on any south- and west-facing windows.
- **Set ceiling fans to rotate counterclockwise.** This creates a wind chill effect that makes the room feel cooler. Remember to turn fans off when you leave a room – fans cool people, not rooms.

continued inside

Protect Your Account and Wallet from Scams



Scammers continue to target customers by pretending to be utility company employees. Their goal is to steal money or personal information by using a variety of deceptive tactics.

Keep these tips and reminders in mind to avoid becoming a scam victim:

- **We don't shut off service without notice.** Disconnections do not happen outside normal business hours or without advanced notice.
- **We never ask for sensitive information.** This includes bank account details and passwords.
- **We don't request unusual payments.** We never accept prepaid debit cards, gift cards or cryptocurrency. Approved payment methods are listed at firstenergycorp.com/paymentoptions.
- **Our workers carry identification** and provide advance notice for visits. We do not contact you or visit to offer special deals or request to see a copy of your bill.
- **Avoid suspicious links or attachments.** Visit our website directly to confirm information.
- **Create a unique password for each of your online accounts.** Do not reuse or share passwords.
- **If you're unsure, contact us directly.** Call us at the phone number on your bill or our website to verify any message or visit.

Staying informed is key to staying safe. For more tips and information on common scams, visit firstenergycorp.com/scaminfo.

Struggling with Energy Costs? We Can Help!

We understand there are many reasons someone may be struggling to pay their monthly electric bills. We can help you get back on track with a variety of assistance programs and payment options.

You may be eligible to receive assistance through the following programs:

- Universal Service Fund (USF)
- New Jersey Statewide Heating Assistance and Referral for Energy Services (SHARES)
- Low Income Energy Assistance Program (HEAP)
- Payment Assistance for Gas & Electric (PAGE)
- Lifeline
- Comfort Partners

To learn more and see if you qualify for bill assistance or a payment arrangement, visit firstenergycorp.com/billassist.



Take the Guesswork Out of Your Energy Bill



Wondering where your energy bill is headed before it arrives? New **Energy Bill Watch** alerts are now available for New Jersey customers, offering timely updates that help you track electricity use and

estimated costs throughout the month.

Most residential customers with a fully operational smart meter will receive convenient email alerts on days 10 and 20 of their billing cycle. These updates provide a snapshot of how much electricity you've used so far, along with an estimated cost – helping you avoid surprises on your bill.

If you prefer not to receive these alerts, you can easily opt out in your online account. You can also customize your experience by enrolling in additional notifications and receiving alerts via text message.

Scan the QR Code or visit firstenergycorp.com/NJBillWatch to learn more about **Energy Bill Watch** alerts and how they can help you stay in control of your energy use.

