



STOP. LOOK. LIVE.

Ladder Safety Tips for Spring Cleaning Jobs

Contact with overhead power lines can result in severe injury or death. Fortunately, most electrical accidents can be prevented. Before you begin any job, whether it's using a ladder when pruning trees, cleaning gutters or painting the house, remember to look for electrical safety hazards – including power lines – and stay clear of them.



For more tips on staying safe
around electricity, visit
[firstenergycorp.com/publicsafety](https://www.firstenergycorp.com/publicsafety).

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Remember these three words to help you stay safe:

STOP

When working with ladders outside, always start by surveying the area and identifying all power lines and electrical equipment.

LOOK

Know where power lines are located and make a plan to keep people and equipment away from them. Never attempt to trim trees near power lines.

LIVE

Keep all ladders and other tools **at least 10* feet** from any overhead power lines and always carry your ladder horizontally when moving it from one area to another. Stay aware and stay safe.

*Transmission lines (larger lines with higher voltages) require greater distances.

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